

# Self-Assessment: Discovering Your Dream

---

1. If time and money were no object, what would you love to be doing, at this moment, as a career or calling? \_\_\_\_\_

Why? \_\_\_\_\_

2. Think back to what you wanted to be as a child. What did you love to spend time doing as you grew up? Chances are, residues of that childhood dream still remain in your heart today. However, it has probably been awhile since you've thought about what you are designed to do - or what makes your heart sing. Thus, complete the following exercise:

**Step 1:** Read through the following verbs. Circle the words that really resonate with your heart:

accomplish    bestow    brighten    build    call    cause    communicate  
compel    complete    compose    confirm    continue    defend    delight  
devise    demonstrate    direct    discover    distribute    dream  
educate    embrace    encourage    engage    enhance    enlighten  
enliven    excite    explore    express    extend    facilitate    finance  
foster    further    gather    generate    give    grant    heal    hold    host  
identify    illuminate    implement    improve    inspire    integrate    involve  
know    labor    launch    lead    live    love    make    manifest    measure  
mediate    model    motivate    negotiate    nurture    open    organize    participate  
persuade    praise    prepare    promote    pursue    realize    reclaim  
reflect    release    renew    resonate    restore    satisfy    save    serve    share  
speak    support    surrender    sustain    team    touch    translate    travel  
understand    use    validate    value    venture    volunteer    work    worship  
write    yield

Now narrow your choice down to just three of those verbs that are the most meaningful and purposeful to you and fill them in the blanks below:

\_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

**Step 2:** Next, think about what you stand for, what your cause is, or what you'd be willing to devote your life to or even die for. Would it be family values, or truth, or God's Word, or justice? Think about your passion, (which literally means what you'd be willing to suffer for), and then insert that word or phrase here: \_\_\_\_\_.

**Step 3:** Our dream is never about just us. Who is it you are being called to help or serve? Who is it that stands to benefit from you living out your dream? Is it children? Women? The elderly? Think about it and write that one group, entity, or cause you would most like to help or impact in a positive way: \_\_\_\_\_.

**Step 4:** Now put the puzzle pieces together.

My dream is to:

\_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_

(your three verbs)

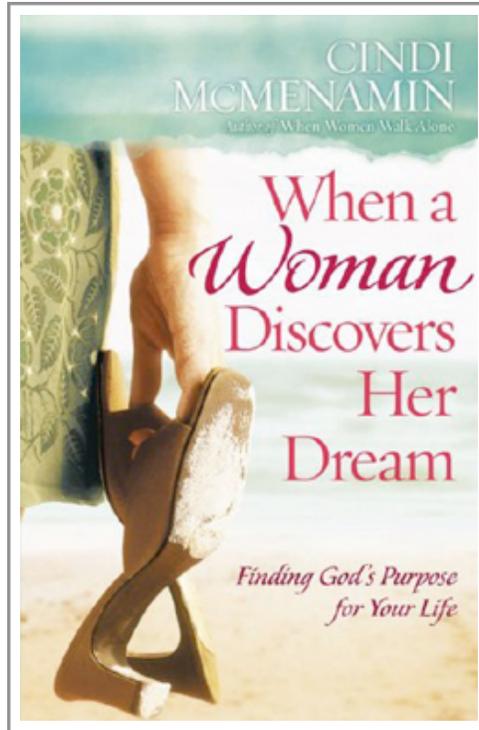
\_\_\_\_\_

(your cause or value)

to, for or with

\_\_\_\_\_

(the group or cause which most moves you)



© 2013 by Cindi McMenemy. This material excerpted from [When a Woman Discovers Her Dream](#), Harvest House Publishers, 2005. Used by permission.

[www.StrengthForTheSoul.com](http://www.StrengthForTheSoul.com)

Email: [Cindi@StrengthForTheSoul.com](mailto:Cindi@StrengthForTheSoul.com)